



Preferred Systems, Inc.

Providing Continuing Education & Training That Works

ATLAS

PROGRAM OVERVIEW

ATLAS (Athletes Training & Learning to Avoid Steroids) is an award winning, scientifically proven program for male athletes. Its multiple components provide healthy sports nutrition and strength-training alternatives to the use of alcohol, illicit and performance-enhancing drugs. ATLAS is peer-led and gender specific.

Ready to Learn More about Preferred Prevention Programs?

Contact us at **888-455-7437** or info@preferrededucation.com to learn more about our Behavioral Health Prevention Programs.